



**Colorado State University**

**INTO Colorado State University**

Colorado State University  
Spruce Hall  
150 Old Main Drive  
Fort Collins, CO 80523  
USA

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Adapted by Tara Brandenburg, Devon Jancin, and Shannon Zeller

**Student Resources  
Handbook**

**INTO**   
**COLORADO STATE  
UNIVERSITY**

[www.intohigher.com/colosradostate](http://www.intohigher.com/colosradostate)

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# Driving a Car in Fort Collins

## Colorado Division of Motor Vehicles

<http://www.colorado.gov/apps/dor/dmv/smartstart/cardCenter.jsf>  
 +1-970-494-9804  
 3030 S. College, Suite 100  
 Monday-Friday 8:00 am -5:00 pm

### Important facts to know about driving a car in the United States:

**You must have United States *Driver's License***- you must pass a written test on driving laws in the United States in English and a driving test.



The place where you apply for a driver's license and take the tests is:

*Colorado Division of Motor Vehicles*

**\*\*\*You MUST have *car insurance* to legally drive in the United States\*\*\***

### Do you want to buy a car?

When you buy a car it is important to look at many different car dealers or in the "classified" section of the Fort Collins newspaper. You must have a United States driver's license and car insurance.

### Do you want to rent a car?

When you rent a car you must have a United States driver's license and a **credit card**. Come to the INTO CSU Center for more information on how to rent a car in Fort Collins.

**Legally:** according to the law

**Drivers License:** official card that says you are legally allowed to drive

**Car insurance:** an arrangement with a company in which you pay them money, and they pay the costs if your car is damaged.

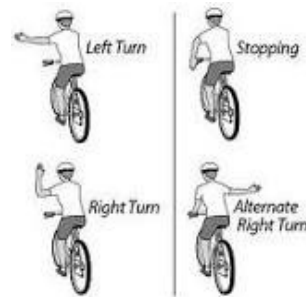
# Biking Fort Collins

<http://www.fcgov.com/bicycling/>

Many people ride bicycles in Fort Collins!

## Important facts to know about riding bicycles in Fort Collins:

- ◇ Use the correct **hand signals**
- ◇ Ride your bike on the **RIGHT** side of the road.
- ◇ Use the **turning lane** to turn.
- ◇ People who are walking have the **right of way**.
- ◇ Always wear a **helmet**.



Hand signals



**Use a bike lock**– Use a bike lock so that no one **steals** your bicycle. You can buy a bike lock at the bookstore, in the Lory Student Center or in any bike shop in Fort Collins.

**Register your bicycle with the CSU Campus Police**- You pay \$10.00 to register your bike with CSU Campus Police. You can do this at:



<http://police.colostate.edu/pages/bike-traffic.aspx>.

or

Green Hall 750 S. Meridian Avenue  
Monday - Friday 8:00 am - 5:00 pm

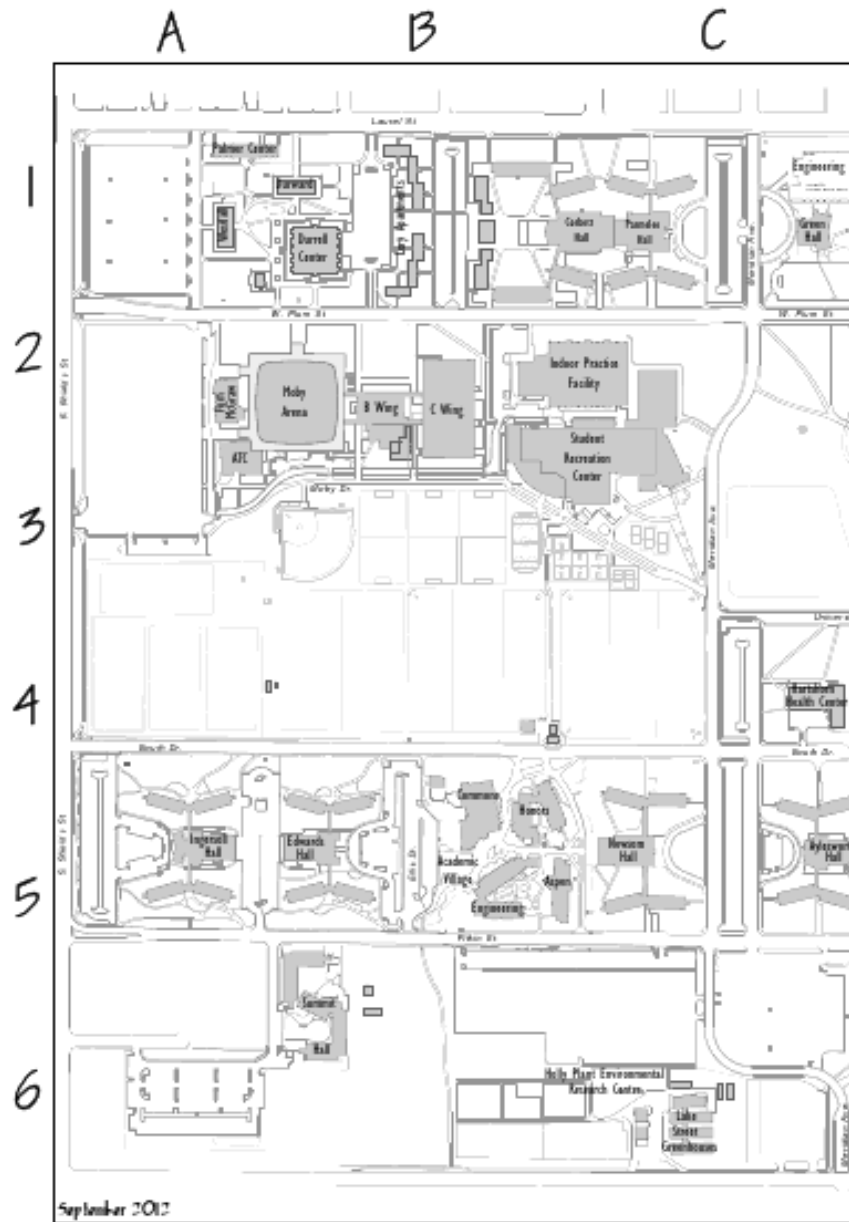
**Turning lane:** traffic lane where cars and bicycles turn right or left  
**Register:** put your name on an official list  
**Right of way:** the right to go first or in front of other people  
**Steal:** to take something that belongs to someone else



## CSU Mission Statement:

*Inspired by its land-grant heritage, CSU is committed to excellence, setting the standard for public research universities in teaching, research, service and extension for the benefit of the citizens of Colorado, the United States and the world.*

# Colorado State University



## Taxi Services around Fort Collins

**Shamrock Yellow Cab**  
+1-970-224-2222



**Cost:** \$2.25 for each mile

## To/From Denver International Airport

**Green Ride Colorado**  
[www.greenrideco.com](http://www.greenrideco.com)  
+1-888-472-6656

Green Ride Colorado is a public **shuttle** that will take you to the Denver International Airport for \$28-\$32 for each person. You must call to let them know to wait for you. They will pick you up at the CSU Transit Center or at the Foothills shopping center.



Friendly drivers in front of the Green Ride Shuttle

**Shuttle:** small bus

# Public Transportation

**TransFort Bus System**  
[www.fcgov.com/transfort](http://www.fcgov.com/transfort)  
 +1-970-221-6620  
 Open Monday - Friday 8:00 am - 4:00 pm



The CSU Transit Center is located at the north end of the Lory Student Center on the ground floor.

**Services include:**

**Bus Map-** See a map where all the buses go in Fort Collins.

**Bus schedules and routes-** Find out which bus you need and what time it leaves.

**Youth Pass for children-** children under 17 years ride the TransFort buses for free if they have a TransFort buss youth pass. Get a youth pass at the Transit Center.

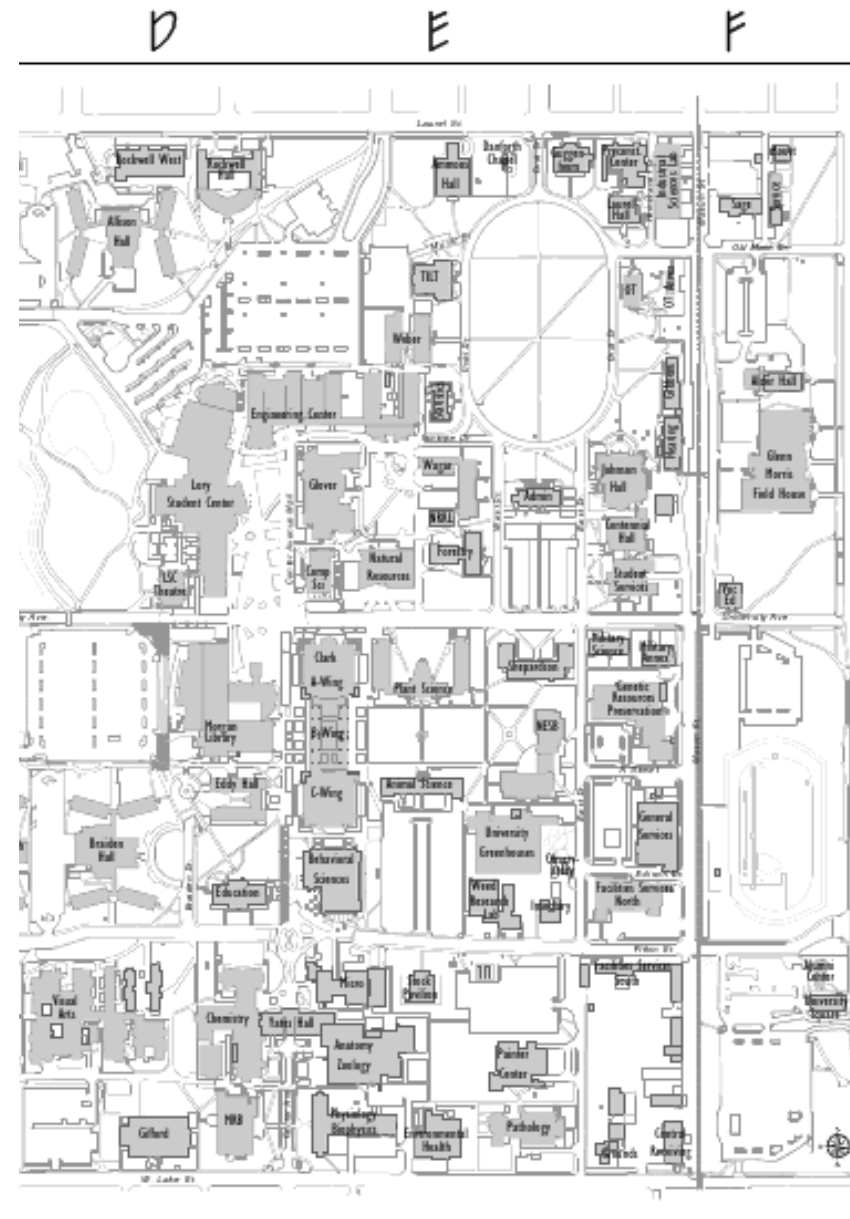
**TransFort buses are free for students. Show your RAMcard to the bus driver.**



INTO CSU Students meet with a bus driver

**youth pass-** special ticket that lets children ride on Transfort busses at no cost

## -- Main Campus Directory



# Map

| Bldg# | Building Name             | Location | Bldg# | Building Name  |
|-------|---------------------------|----------|-------|----------------|
| 0049  | Academic Training Center  | A-2      | 0029  | Fum McGraw     |
| 0140  | Academic Village          | B-5      | 0102  | GSB            |
| 0080  | Administration            | E-3      | 0101  | Genetic Reso   |
| 0071  | Alder Hall                | F-2      | 0067  | Gibbons        |
| 0014  | Allison Hall              | D-1      | 0152  | Gifford        |
| 0050  | Ammons Hall               | E-1      | 0013  | Green Hall     |
| 0143  | Anatomy-Zoology           | D-6      | 0088  | Glover         |
| 0110  | Animal Sciences           | E-4      | 0055  | Guggenheim     |
| 0143  | Aspen Hall                | B-5      | 0025  | Hartthorn H    |
| 0021  | Kylesworth Hall           | C-5/C-4  | 0048  | Indoor Pract   |
| 0112  | Behavioral Science        | D-5/E-5  | 0058  | Industrial Sci |
| 0022  | Braiden Hall              | D-5/D-4  | 0017  | Ingersoll Hal  |
| 0077  | Centennial Hall           | E-3/F-3  | 0105  | Insectary      |
| 0131  | Central Receiving         | F-6      | 0079  | Johnson Hall   |
| 0150  | Chemistry                 | D-5/D-6  | 0059  | Laurel Hall    |
| 0091  | Clark Building            | E-4/D-4  | 0009  | Lary Apartm    |
| 0073  | Glenn Morris Field House  | F-2/F3   | 0008  | Lary Apartm    |
| 0086  | Computer Science          | D-3/E-3  | 0106  | Observatory    |
| 0010  | Corbett Hall              | B-1      | 0120  | Microbiology   |
| 0051  | Danforth Chapel           | E-1      | 0095  | Military Ann   |
| 0006  | Durrell Center            | A-1/B-1  | 0094  | Military Scier |
| 0007  | Durward Hall              | A-1      | 0027  | Moby Arena     |
| 0113  | Eddy Hall                 | D-4      | 0155  | MRB            |
| 0114  | Education Building        | D-5      | 0090  | Morgan Libra   |
| 0018  | Edwards Hall              | A-5/B-4  | 0109  | NESB           |
| 0041  | Engineering               | D-2/E-2  | 0082  | Natural Reso   |
| 0043  | Engineering II            | C1       | 0020  | Newsom Hall    |
| 0141  | Environmental Health      | E-6      | 0066  | Occupational   |
| 0104  | Facilities Services North | F-5      | 0144  | Painter Cent   |
| 0081  | Forestry                  | E-3      | 0004  | Palmer Cent    |

**Printing**  
**Ramcash.colostate.edu**  
*Morgan Library*



Printing costs \$.04 cents for 1 black and white page, \$.12 cents for 1 color page.

To print at CSU:

1. Add money to your RamCash account:  
Go to the website [ramcash.colostate.edu](http://ramcash.colostate.edu)
2. Add money to your Library Printing Account (Papercut):  
Use your eID to log on to <http://acnspapercut:9191/user>
3. Go to a Morgan Library printing computer:  
Log on using your eID and password  
Click 'Print'

**It might be confusing to learn how to print. Ask for help at the Help Desk in the Morgan Library.**



**Morgan Library Help Desk**

## Lory Student Center

[www.lsc.colostate.edu](http://www.lsc.colostate.edu)

+1-970-491-6444

Monday-Thursday 6:00 am - 11:00 pm

Friday 6:00 am - 12:00 am

Saturday 7:00 am - 12:00 am

Sunday 11:00 am - 11:00 pm



### Services include:

- ◇ General Campus Information
- ◇ Cashier's Office— pay student fines and bills here
- ◇ Catering
- ◇ CSU Bookstore
- ◇ Art Gallery
- ◇ Diversity Services
- ◇ Event Planning
- ◇ Fast Print— printing service
- ◇ Veteran and Disabled Student Services
- ◇ Flea Market (place for people to sell things)
- ◇ RamCard Office
- ◇ RAMtech Computer Store
- ◇ Services for Parents
- ◇ Student Support Services
- ◇ Ticket Box Office (for sports tickets)
- ◇ Transit (Transportation) Center
- ◇ Places to eat
- ◇ University Club (event center)

**Student Involvement:** There are many fun things to do at CSU. Student Involvement can help you meet new friends by joining a club. You can learn about clubs at CSU by talking to these organizations in the Lory Student Center:

- ◇ Campus Activities
- ◇ **Greek Life (Fraternities and Sororities)**
- ◇ Associated Students of CSU
- ◇ Student Leadership, Involvement, and Engagement (SLiCE)
- ◇ Lory Student Center Governing Board
- ◇ Association for Student Activity Programming (ASAP)

**Greek Life-** clubs made up of fraternities and sororities

**Fraternity-** a club at a university with only male members

**Sorority-** a club at a university with only female members

## Index

| Location          | Location | Bldg# | Building Name             | Location |
|-------------------|----------|-------|---------------------------|----------|
| Athletic Center   | A-2      | 0011  | Parmelee Hall             | C-1      |
|                   | F-4/F-5  | 0140  | Pathology                 | E-6      |
| Arts Preservation | F-4      | 0142  | Physiology                | E-6      |
|                   | F-2      | 0092  | Plant Sciences            | E-4      |
|                   | D-6      | 0015  | Rockwell Hall             | D-1      |
|                   | C-1      | 0047  | Rockwell West             | D-1      |
|                   | D-2      | 0061  | Routt Hall                | F-1      |
| Health Center     | E-1      | 0063  | Sage Hall                 | F-1      |
| Ice Facility      | C-4      | 0093  | Shepardson                | E-4/E-3  |
| Sciences & Lab    | B-2/C2   | 0064  | Spruce Hall               | F-1      |
|                   | F-1      | 0044  | Statistics Building       | E-2      |
|                   | A-5/A-4  | 0121  | Stock Judging Pavilion    | E-5      |
|                   | E-5      | 0040  | Student Center            | D-3/D-2  |
|                   | F-2/F-3  | 0030  | Student Recreation Center | B-2/C-3  |
|                   | F-1      | 0076  | Student Services          | E-3/F-3  |
| Students North    | B-1      | 0035  | Summit Hall               | A-5/B-6  |
| Students South    | B-1/B-2  | 0046  | TILT                      | E-1/E-2  |
|                   | E-5      | 0108  | University Greenhouses    | C-6      |
|                   | E-5      | 0931  | University Square         | F-5      |
| Visitor           | F-3/F-4  | 0930  | Visitors Center           | F-5      |
| Visual Arts       | F-3/F-4  | 0151  | Visual Arts               | C-5/D-6  |
|                   | A-2/B-2  | 0075  | Vocational Education      | F-3      |
|                   | D-6      | 0084  | Wagar                     | E-3      |
| Workshop          | D-4      | 0045  | Weber                     | E-2      |
|                   | E-4      | 0107  | Weed Research Laboratory  | E-5      |
| Workshops         | E-3      | 0005  | Westfall Hall             | A-1      |
|                   | C-5/C-4  | 0145  | Yates Hall                | D-5/D-6  |
| Youth Therapy     | F-2/F-1  |       |                           |          |
| Youth             | E-6      |       |                           |          |
| Youth             | A-1      |       |                           |          |

## Medical Care and Policies

### CSU Health Center

[www.health.colostate.edu](http://www.health.colostate.edu)

+1-970-491-7121

Hartshorn 600 South Drive

Monday - Friday 7:30 am - 5:00 pm

Saturday and Sunday CLOSED



If you are sick (ill), call for a doctor's appointment or go to the CSU Health Center. If you need help making an appointment, call the Care Coordinator at +1-970-492-4686

#### Services include:

Allergist



Mental Health Specialist



Dentist



Nutritionist



Doctor



Pharmacist



Gynecologist



Physical Therapist



Optometrist



Laboratory Facilities



Orthopedist



X-ray Machine



Medicine, x-rays, laboratory and dental services cost money. Other services are free for INTO CSU students.

**Allergist**– doctor you go to after eating, touching, or breathing something that doesn't hurt most people, but makes you sick

**Gynecologist**- a doctor for women's sexual health

**Nutritionist**- a person who gives advice on how food affects health

## Academic Services

### Bookstore

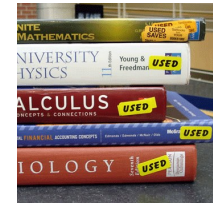
<http://www.bookstore.colostate.edu/>

+1--970-491-0546

Lory Student Center

Monday-Friday 7:45 am - 5:30 pm

Saturday 10:00 am - 5:00 pm



#### Services include:

- ◇ Textbooks
- ◇ General Books- novels, dictionaries, maps, etc.
- ◇ Supplies-notebooks, binders, paper, pens, markers, calculators, etc.
- ◇ Gifts and CSU Clothing

### The Writing Center

<http://writingcenter.colostate.edu/>

+1-970-491-0222

Eddy Hall, Basement, Room 6

Monday-Thursday 10:00am—4:00 pm

Friday 10:00 am-1:00pm



Individual help with any writing assignment, essay, resume, or application. The writing center can help you with starting, organizing, or revising, but does not focus on grammar.

### Morgan Library

[lib.colostate.edu](http://lib.colostate.edu)

+1-970-491-1841

501 University Ave.

Hours change. See website for more information.



#### Services include:

- ◇ Places to study and have meetings
- ◇ Printing
- ◇ Online research databases
- ◇ Help with research
- ◇ Free computers
- ◇ Coffee shop
- ◇ 24 hour study area



## International Student Services

### Office of International Programs (OIP)

<http://international.colostate.edu/>

+1-970-491-5917

Laurel Hall, North-East corner of The Oval

Monday-Friday 9:00 am -5:00 pm

#### Services include:

- ◇ Help international students **adjust** to the United States
- ◇ Events for international students
- ◇ Immigration help
- ◇ Community involvement
- ◇ Cultural and educational programs and events



### Student Diversity Programs and Services

<http://www.studentaffairs.colostate.edu/>

+1-970-491-5312

201 Administration Building

The student diversity programs help **diverse** students. Talk to the Student Diversity Program for more information about each program.

- ◇ Asian/Pacific American Cultural Center
- ◇ Black/African American Cultural Center
- ◇ El Centro (Latin American Cultural Center)
- ◇ Gay, Lesbian, Bisexual and Transgender Resource Center
- ◇ Native American Cultural Center
- ◇ Women and Gender Advocacy Center
- ◇ Resources for Disabled Students

**Adjust:** to get used to a new thing by making small changes

**Diverse:** different from each other

**Health Education and Prevention Services**— teaches students about alcohol, drug and tobacco treatment, mental health, physical health, good nutrition, and sexual health.

### CSU Emergency Medical Help

**Poudre Valley Hospital**

**1024 South Lemay Avenue**

**Fort Collins, CO**

+1-970-495-7000



If there is an **emergency** :

- Call 911 on your mobile phone
- Call your Care Coordinator

#### Should I go to the Emergency Room or the doctor?

In the United States, the emergency room can be very expensive, crowded, and doctors only treat the most serious emergencies first. If you are sick or have a small problem, the Emergency Room is not a good choice. Instead, go to an **urgent care** on weekends. To find the nearest urgent care center, look in your phone book or on the internet.

#### Health Insurance

All students must have CSU approved health insurance. You can buy health insurance at the INTO office. Health insurance will help you pay for all medical bills.

#### Immunizations

All students in the United States, including you and your children, must have the MMR vaccinations (Measles, Mumps, and Rubella). Go to <http://www.health.colostate.edu/pages/immunizations.aspx> or call the Care Coordinator for more information.

**Emergency:** when you need help now

# Safety

## CSU Police Department (CSUPD)

[www.//police.colostate.edu](http://www.police.colostate.edu)

**Emergency Number:** 911

Non-Emergency Number: +1-970-491-6425

Open 24 hours a day, 7 days a week



### Reasons to call the police:

**Only call 911 for emergencies**

**Report a Crime-** theft, fights, arguments, bullying, violence,

**Report a Crime Anonymously ( without telling your name)**

**Car Accident**

**Building Lockout-** If you get locked out of your building and you can't find someone to open it.

**Lost & Found-** if you lose something on campus, call the police lost and found at +1-970-491-6444. Also call the Lory Student Center.

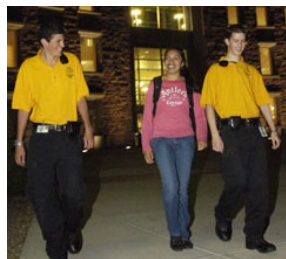
### Safe Walk Program

<http://police.colostate.edu/pages/safe-walk.aspx>

Lory Student Center Main Floor

+1-970-491-1155

Sundown -1:00 am, 7 days per week



If you don't feel safe walking on campus at night, a Campus Service Officer walks with you. (CFOs) are students who work for the CSU Police. The Safe Walk Program is **free** to all CSU students.

**Crime-** an action that is wrong or can be punished by the law: stealing is a crime

**Lock out-** close a place to stop someone from getting in: I lost my key. I am locked out

**Dining Hall Locations:** There is a **dining hall** in each of the residence halls.

There are also places to eat in Alder Hall, the Lory Student Center, the Recreation Center, the library and many other places.



**Dining hall-** a place where you can eat food on campus

# Campus Dining

## Housing and Dining Services

<http://www.housing.colostate.edu/dining/index.htm>

+1-970-491-6511

Palmer Center 1005 West Laurel Street

Hours and places change. See website for more information.

### Foods include:

- Asian food
- All-you-can-eat meals
- Fresh fruit and vegetables
- Pizza
- Pasta
- Sandwiches and wraps
- Vegetarian and vegan food
- Much more!!!



**Halal meat** is available in Parmalee hall on Mondays, Tuesdays and Thursdays. You need to ask for the Halal meat.



**Meal Plans:** Go to the Palmer Center to buy a meal plan.

**On-campus students:** If you live in the dormitories, you can use your RamCard to buy food in the dining halls.

**Off-campus students:** If you don't live in the dormitories, you can purchase a meal plan or pay with money to buy food at the dining halls.

## Bike and Traffic Office

+1-970-491-7695

Monday - Friday, 8:00 am - 5:00 pm

750 Meridian Ave.



1. **Register your bike-** All bicycles on campus must be registered. It costs \$10. Take your bike to the bike and traffic office. Bring the serial number of your bike.
2. **Pay or appeal your tickets-** you have 14 days to pay or appeal tickets. You can pay your tickets in office or by mail. If you do not pay your ticket, the fine will double (you will have to pay 2x the original amount.)
3. **Impounded Bikes-** If your bike is not where you left it, contact the bike and traffic office.
4. **Bike Lock Cut-** If you need your bike lock cut, call for an appointment. It costs \$5.
5. **Bicycle Fix-it Station-** get your bike fixed for free every Wednesday from 11:00am-1:00pm at the Fix-it Station on the south-west side of CSUPD. **Cost: FREE**

## Student Legal Services

<http://sls.colostate.edu/>

+1-970-491-1482

182 Lory Student Center

Monday - Friday, 8:00 am - 5:00 pm



If you have a legal problem, call student legal services. Student Legal Services gives **free** and **confidential** advice from a lawyer.

**If you are arrested, call the INTO CSU emergency number: +1-970-214-3124**

**Arrested-** taking someone away because they did something not legal  
**Confidential-** spoken or written in secret judged  
**Impound-** when the police keep something you own until they decide you can have it back

# Recreation and Fitness Services

**Student Recreation Center**  
<http://campusrec.colostate.edu>  
 +1-970-491-6359

*Hours change, call for more information*

## Services Include:

**Basketball court**



**Swimming pool**



**Volleyball court**



**Cardio machines**  
 running, ellipticals, biking



**Indoor running track**



**Group fitness classes**  
 yoga, kickboxing, pilates, zumba, and more



**Indoor soccer**



**Weight lifting**



**Sauna**



**Climbing Wall**



**Massage**



**Personal Training**



Most services are free with your RamCard. Massage and some advanced group fitness classes cost money.

## College Sports Events

[www.csurams.com](http://www.csurams.com)

*Hours of games change, see website for more information*



**Sports Events:** You can go watch sports for fun with your friends and family. It's free with your Ram Card. Look at the website for times and places.

## The CSU sports teams are:

**Basketball**



**Tennis**



**Cross-country**



**Track and Field**



**Football**



**Volleyball**



**Golf**



**Water polo**



**Softball**



**Swimming and Diving**



## Student Leadership, Involvement, and Engagement (SLICE)

Lory Student Center Main Floor

[www.slce.colostate.edu/](http://www.slce.colostate.edu/)

+1-970-491-1682

Monday-Friday 8:00 am-5:00 pm

## Services include:

- ◇ Connecting students and communities
- ◇ Information about student organizations, student leaders, and student volunteers
- ◇ Opportunity for academic and social improvement